

Integrated Rural Health Development Training Center
IRHDTC/Nepal

‘I am a Child, not a Bride- Phase II’ Campaign
Activity Report of Refresher Training

Introduction

Integrated Rural Health Development Training Center (IRHDTC) organized a one-day Refresher Training at Shri Rastriya Secondary School (Manwa) and Shri Rastriya Secondary School (Barwa, Chhatauli) in Parsagadhi Municipality. The training aimed to reinforce the knowledge gained from previous sessions. 96 adolescent girls from 11 community schools, all members of the Vision Child Club from Parsagadhi Municipality, participated in the training.

IRHDTC has been actively engaged in empowering adolescent girls in Parsagadhi Municipality through various training programs and initiatives. This report highlights the recent activities undertaken by IRHDTC, including a one-day Refresher Training, provision of essential materials for the Vision Child Club, stakeholders' municipality meetings, and orientation sessions on article writing. These efforts aim to enhance the knowledge, skills, and opportunities available to adolescent girls, contributing to their holistic development and well-being.

Objectives

- To provide refresher training sessions aimed at empowering adolescent girls with essential knowledge and skills, helping them remember and apply what they learned in previous training sessions.
- To equip the Vision Child Club with necessary resources such as meeting minutes, stationery, newsprint, meta card, masking tape to improve their organizational capabilities.
- To organize stakeholder meetings with key individuals such as Mayor, government officials and Civil Society Organizations to ensure the sustainability and ongoing success of the campaign and also to create diverse opportunities and support systems for adolescent girls.
- To conduct orientation sessions on article writing, fostering the development of adolescent girls' writing skills and their ability to articulate their thoughts on taboos, Sexual and Reproductive Health and Rights, Child Early and Forced Marriage effectively.

Training Outcomes

One of the Vision Child Club members Aarati shares “The outcomes of the Refresher Training organized by IRHDTC are remarkable and deeply impactful. I have gained a better understanding of my health and personal hygiene.”

The training significantly enhanced the knowledge and skills of the 96 adolescent girls from Parsagadhi Municipality, covering vital areas such as life skill training, Sexual and Reproductive Health and Rights (SRHR) education, and active participation in community initiatives.

This newfound knowledge not only equips the adolescent girls to make informed decisions about their health and well-being but also empowers them to take on leadership roles within their communities. Importantly, the training fostered a sense of confidence and empowerment among the adolescent girls, implanting in them the belief that they can create positive change in their communities.

Furthermore, the strong peer networks formed during the training sessions will continue to help and encourage each other, making their work together stronger. They can share ideas, support each other during challenges, and work together more effectively to achieve their goals. Organizing stakeholder meetings with key individuals, including the Mayor, government officials, and Civil Society Organizations, resulted in the creation of diverse opportunities and strong support systems for adolescent girls. This collaborative effort has ensured the sustainability and ongoing success of the campaign, enhancing empowerment and positive impact within the community.

Providing resources such as meeting minutes, stationery, newsprint, meta card, masking tape to the Vision Child Club helps them become better at organizing things. This makes it easier for adolescent girls to speak up for health rights and get the services they need. The orientation sessions on article writing have also contributed to the adolescent girls' communication skills, enabling them to express their thoughts and experiences more meaningfully. Overall, these outcomes reflect a holistic approach to adolescent empowerment, laying the foundation for a brighter and more empowered future for these adolescent girls in Parsagadhi Municipality.

Team Involved During Training

Yadusudan Kunwor: Facilitator

Dharma Raj Rimal: Facilitator

Bimarsh N. Rana: Central Level Monitoring (Admin and Finance Officer)

Bhumika Nepal: Program Officer

Annex



Vision Child Club members sharing what they've learned from the trainings



Vision Child Club members sharing their learnings